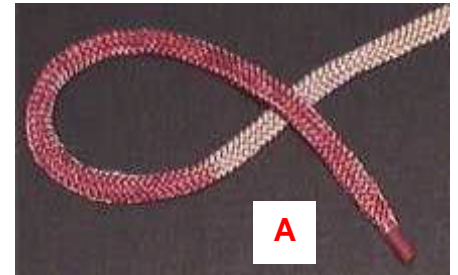


Carrick Bend

A Carrick bend is probably the nearest you will get to a perfect bend. It is symmetrical, easy to tie and very strong. It will not slip or jam and so is very easy to untie as well. It is the ideal knot to use when joining heavy cable. You can let the knot tighten and collapse on itself when the strain is taken on the ends.

How to tie a Carrick Bend

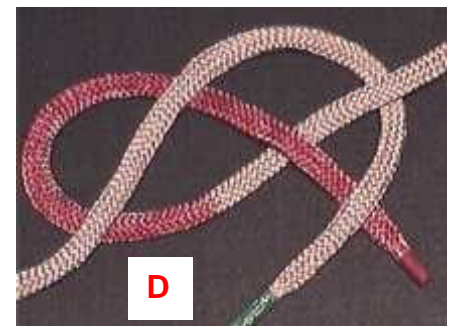
(A) Take the end of a length of rope and cross it over itself to make a crossing turn.



(B) Take the end (working end) of a second piece of rope (green) so that it lies across the crossing turn.



(C) Now take the second end (green) and take it under the standing end of the first rope and then over and across the working end of the first rope.

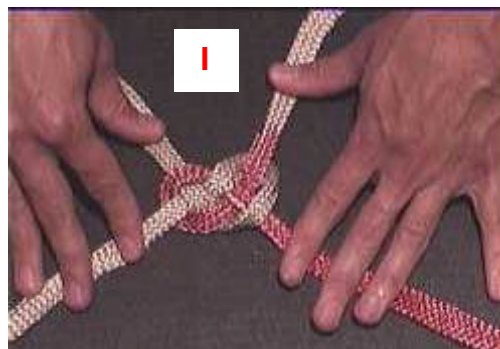


(D)

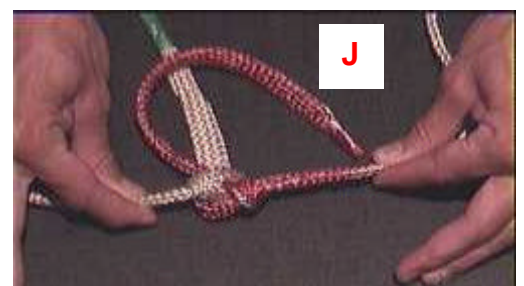
(E) Take the second end (green) under the crossing turn and then across the top of itself **(F)**. Then tuck it underneath the crossing turn of the first rope. **(G)**



(H) Pull on all four ends to tighten the knot. **(I)**



(J) Ensure the knot is tight although the Carrick Bend does a good job by itself if you simply put strain on the ends of the rope. It collapses in on itself and becomes secure.



Scouting Resources

<http://www.scoutingresources.org.uk/>

© Darren Dowling – webmaster@scoutingresources.org.uk